

Department of Shalakvatantra (Ophthalmology & ENT)





Manage your child's eyes better with Ayurveda.

Vision Care Through Ayurveda

Due to changing trends in lifestyle and food habits, mankind is facing miserable health issues, especially the children. In this present scenario, children's healthy lifestyle and food habits have been replaced with fast food, fast transportation and enormous exposure to audio-visuals, sedentary lifestyle and malnourishment.

As per the study, 10% of the urban children are suffering from visual disabilities like refractive errors which are the second largest cause for blindness. Short Sight (Myopia), Long Sight (Hypermetropia) and Astigmatism are commonly found refractive errors in school going children which will hinder their learning abilities. The refractive errors are characterized by blurring of vision with respect to distant or near objects, watering from the eyes, unable to see bright objects, pain in the eyes, eye strain and headache.

Ayurveda 🖑



The ancient Indian system of medicine has got a specialist branch for eye and other ENT problems called SHALAKYA TANTRA (Opthalmology and ENT) which effectively manages and prevents refractive errors and other eve ailments by "Netra Kriya Kalpas", a specialized therapeutic procedures for eye care.

The department of Shalakya Tantra(Ophthalmology and ENT), JSS Ayurveda Medical College and Hospital has planned to organize Refractive Error Camp - especially for school going children, during their summer vacations. The interested can approach the following numbers:

For more information call:

Hospital: 0821-2548231, 2548433

Dr. Shivanand Gavimath: 9448211075

Dr. Sandhya Rani: 9448584801



An abode of healing through Ayurveda

JSS Ayurveda Hospital

Our Hospital which was established in 1992 at Mysuru by JSS Mahavidyapeetha is situated in the picturesque location at the foot of Chamundi Hills and is in the close vicinity of Lalithmahal Palace Hotel spread over 15 acres of lush greenery. JSS Ayurveda Hospital is an effort to provide authentic Ayurveda experience. The hospital is aesthetically furnished to suit the needs of our valuable cliental - those who come for better health and hospitality, naturally! It is also patronized by a large number of patients from different parts of the world.

Facilities and services:

- · Inpatient and outpatient departments
- · Panchakarma and treatment rooms
- Special treatment such as Sashtikashali Pinda sweda, Shirodara, Thailadara, Netrakriyakalpa, Agnikarma and Jalooka treatment.
- Surgery such as Kshara Sutra treatment for Piles & Fistulla
- · Maternity facility
- · Yoga and nature cure facility
- Pharmacy stocked with medicines of famous companies and prepared at hospital

Treatments available for:

- Paralysis, joint pain, arthritis, low back pain, cervical spondylosis, knee pain
- Neurological diseases, gastritis
- Piles and fistula
- · Obesity, psychiatric diseases
- Disease of eye, nose, ear, throat
- · Jaundice, diabetes
- Infertility and gynaecological disorders





Department of Pediatrics (Kaumarabhritya)

With the view to achieve its ultimate aim of creating a healthy and disease free society, Ayurveda strives to make the baby healthy from the time of its conception up to the time of its growth into an adult.

Kaumarabhritya has recognized that the mental and physical state of the mother has direct links with the health of the child. Apart from this kaumarbhritya deals with various disorders concerning children's health such as gastrointestinal diseases, teething disorder, rickets other than midwifery.

JSS Ayurveda Hospital, Department of Pediatrics, mainly deals with the ailments of children and treats their diseases, such as cerebral palsy, autism, asthma, recurrent sinusitis, concentration deficit, retention of memory and helps the students who are slow in learning.

A unique procedure, swarnaprashana medication improves overall growth of the children.



JSS Ayurveda Hospital

Department of Shalakyatantra (Ophthalmology & ENT)

Lalitadripura Road, Near Hotel Lalitmahal, Mysore. Tel: +91821-2548231 | contact@jssamch.org www.jssamch.org